

## Product Specifications

**Descriptive.** For animal use only. Originally formulated for racehorses, Trainer's Choice 5000 is a unique veterinary liniment gel with menthol and aloe vera.

**Available Sizes.** 16 oz., 7 lb.

**Indication.** As an aid in the temporary relief of minor stiffness and soreness caused by overexertion.

**Directions For Use.** Generously apply Trainer's Choice 5000 and gently work the product into the coat. The areas to be treated may be washed down with warm water prior to application. Use before and after exercise. Repeat as necessary. Will not cause positive result in post-competition drug testing.

**Active Ingredient.** Menthol 7%

**Inactive Ingredients.** Allantoin, aloe barbadensis leaf juice, carbomer, eucalyptus globulus leaf oil, glycerin, mentha piperita (peppermint) oil, methyl salicylate, SD alcohol 40 (15% w/w), steareth-2, steareth-21, thymus vulgaris (thyme) oil, tocopheryl acetate, triethanolamine, water.

**Warnings. For external use only. Keep out of reach of children.** If swallowed, seek professional assistance or contact a poison control center immediately. Keep away from eyes and mucous membranes, broken or irritated skin. Application for several days in a row under wraps may cause blistering of the skin. If excessive irritation develops, discontinue treatment and consult a veterinarian. Do not bandage tightly. If lameness persists, discontinue use. Vigorous massage may cause scurfing and blistering. Not for horses intended for food.

### Manufactured For:

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**Available From:**

# Trainer's Choice® 5000

## Veterinary Liniment Gel

With Menthol and Aloe Vera



## Trainer's Choice® 5000

Acts as an aid in the temporary relief of minor stiffness and soreness in the back, withers, shoulders, elbows, forearms, knees, cannons, buttocks, thigh/rear quarters, gaskins, stifles, hocks, tendons, suspensory ligaments, and fetlocks due to overexertion.



**Trainer's Choice 5000 helps the equine athlete compete, perform and endure at the peak of its training and conditioning and is especially beneficial when used as part of warm-ups before and cool down after exercise or competition.**



Trainer's Choice 5000 should be part of every training and conditioning regimen for performance horses involved in: racing, showing, three-day eventing, hunter-jumper, dressage, combined training, steeplechase, grand prix, endurance, driving, barrel racing, cutting, roping, reining, penning, & polo.



## Trainer's Choice® 5000 Sports Conditioning Philosophy

The demands placed upon the body of a performance horse often result in sore muscles and joints. Muscle soreness in one area leads to injury in another as the horse tends to favor the injured part. The uneven stress created by these actions ends up affecting performance. Therefore, in order for the horse to perform at its best, it is essential to reduce, eliminate and prevent soreness, as soon as possible.

**A total training and conditioning program must be followed in order to maintain the equine athlete at its physical peak. This program should feature an injury prevention or wellness emphasis incorporating a thorough warm-up of the horse before and cool down after exercise or competition. Enhance these routines by including Trainer's Choice 5000 as an aid in the temporary relief of minor stiffness and soreness caused by overexertion.**

Trainer's Choice 5000 will not only assist in the rehabilitation of the sore horse, but will help prevent the development of soreness in the sound animal. For best results, it is important to use Trainer's Choice 5000 on your horse in a consistent manner, pre- and post workout.

## Trainer's Choice® 5000

A unique veterinary liniment gel with menthol and aloe vera. Use as an aid in the temporary relief of minor stiffness and soreness caused by overexertion.

Trainer's Choice 5000 gel is greaseless, stainless, and easy to apply.

### Use as a Liniment, Brace & Body Wash

Menthol, the active ingredient in Trainer's Choice 5000, is a counterirritant that produces a cooling sensation. Trainer's Choice 5000 goes on cool (brace) followed by a feeling of deeper warmth (liniment).

### Directions for Use as a Liniment & Brace

Generously apply Trainer's Choice 5000 and gently work the product into the coat. Use before and after exercise and repeat as necessary.

A common method of use involves washing down the areas to be treated with warm water prior to application. Apply Trainer's Choice 5000 while the coat is still wet. The warm water serves to open the pores of the horse's skin for quicker penetration and allows easier application of Trainer's Choice 5000.

It is not necessary or recommended to massage the product vigorously in order to create more of a "liniment" effect. Vigorous massage while using Trainer's Choice 5000 may cause scurfing and blistering.

It is also not advisable to apply Trainer's Choice 5000 over the rib cage, particularly where it will be under the saddle or girth.



## Directions for Use as a Body Wash

Mix one part Trainer's Choice 5000 with five parts warm water and apply as a refreshing all-over body wash. Sponge the mixture on the shoulder and hindquarter regions by beginning at the spine and working down the legs.

## Directions for Use as a Freeze

Trainer's Choice 5000 may be used with ice or cold water prior to competition or workout.

Completely coat the horse's lower legs with Trainer's Choice 5000 gel two hours before competition. Wrap with cold water bandages. Pour cold water over the bandages or place legs into an ice-filled bucket of water or apply ice wraps. Keep cold while reapplying Trainer's Choice 5000 every 30 minutes.

Before taking the horse to the paddock, reapply Trainer's Choice 5000 and wrap with sheet cotton, Vetrap®, and soak with ice water to prolong the freezing action.

## Directions for Use with Standing Bandages & Wraps

Generously coat the area to be wrapped with Trainer's Choice 5000. Gently work into the coat, without vigorous massage. Apply sheet cotton and wrap with standing bandages.

Application for several days in a row under wraps may cause blistering of the skin. If excessive irritation develops, discontinue treatment and consult a veterinarian.